



Ichthyotherapy.at
Psoriasis treatment

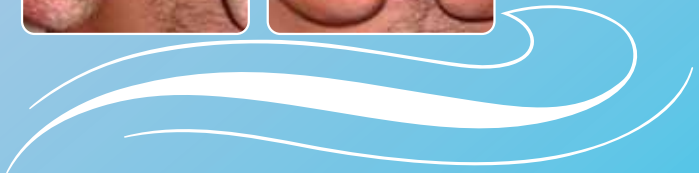
Do you suffer from Psoriasis? We can help you!

Ichthyotherapy is an **alternative treatment** with **excellent results** to **alleviate the symptoms**, especially the unpleasant **itching**.

Ichthyotherapy offers the **chance to get Psoriasis under control** and lead a normal life.

There are **no side effects** due to the fact that **Ichthyotherapy** is an **all natural treatment**.

Ichthyotherapy is a form of treatment that is not only **completely painless**, but is rather **pleasant** - it can be compared with a wellness bath.





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How does Ichthyotherapy work?

The name **Ichthyotherapy** comes from the Greek name for fish **Ichthys**. The **Psoriasis treatment** (therapy) is administered with the help of **nibble fish**.

The **Garra Rufa** or **Red Barb** belongs to the **carp family** and is mainly found in **Kangal, Turkey** - therefore it is also called the **Kangal fish**.

A long time ago, people discovered the **fish's ability to cure skin diseases** and therefore Kangal became a health resort.

The **fish nibble off excrescent skin**, which by the way also feels pleasant.

Ichthyotherapy ensures a **sustained abatement of the ailment**, especially the **extremely unpleasant itching**.





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Is Ichthyotherapy safe?

In a **pilot study** of the University of Vienna the **treatment results of 67 patients** were evaluated retrospectively and patients were interviewed with a questionnaire.

The results of this study was that the **fish treatment in combination with a brief light treatment** is a **safe, side effect free treatment option** for people suffering from Psoriasis.

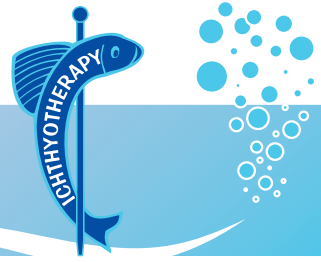
Most patients were **more content with the Ichthyotherapy than with any other administered treatment method.**

The pilot study was published in the scientific Oxford-Journal "Evidence Based Complementary and Alternative Medicine" in December 2006.

You will find the link to this study on www.ichthyotherapie.at or www.knabberfische.at.



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How and where can I get the Ichthyotherapy?

As a matter of course the **Ichthyotherapy** is done **under medical supervision** supported with **light treatment** and **all natural skin care products**. Our well trained staff will attend to you.

Depending on the clinical picture the following **treatment options** can be offered:

- ▶ **Treatment by the hour**
- ▶ **Treatment by the day**
- ▶ **3 week treatment special offer**

Come and try, what **nature and the nibble fish** can do - make an appointment.

See for yourself!

PS: Every **second Saturday of the month** we have an open house **from 11- 1 pm**.

ICHTHYOTHERAPIE

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